

U.S. DRINKING NORMS

NUMBER OF DRINKS PER WEEK

WOMEN



Drinks Per Week

% of Women

0 (abstainers)	40
1	71
2	79
3	81
4	85
5	88
6	89
7	91
8	93
9	93
10	94
11	95
12	96
13	96
14	97
15	97
16-17	98
18-19	98
20-21	99
22-23	99
24-26	99
27-30	99
31-36	99
37-42	100
43-49	100
50-59	100
60-69	100
70+	100

MEN



Drinks Per Week

% of Men

0 (abstainers)	28
1	51
2	60
3	64
4	68
5	71
6	73
7	76
8	79
9	81
10	82
11	83
12	85
13	86
14	87
15	88
16-17	89
18-19	90
20-21	91
22-23	92
24-26	92
27-30	94
31-36	95
37-42	96
43-49	97
50-59	97
60-69	98
70+	99

DATA SOURCE: 2010 NATIONAL ALCOHOL SURVEY (NAS)

The survey included oversamples of African American and Hispanic respondents and also oversampled low population states

Results are weighted to the 2010 Census so as to be representative of the U.S. population aged 18 and older.



7,969 individuals surveyed

The 2010 NAS was conducted for the National Alcohol Research Center, Alcohol Research Group, Public Health Institute, Emeryville, CA under Center Grant P50 AA05585 (Thoma K. Greenfield, PI) from the National Institute on Alcohol Abuse and Alcoholism (NIAAA).